



Herne Hill Road Medical Practice Newsletter



Quarterly issue 2

Spring 2025

What is new with

New Quarterly Newsletter!

We are going to be sending out a newsletter just like this one on a quarterly basis to keep our patients updated with the latest news about the practice and hospitals within Lambeth, Southwark and Lewisham.

Pharmacy First

This scheme enables your local pharmacist to offer advice to patients, supply NHS medicines where clinically appropriate, including some prescription-only medicines to treat seven common health conditions. These conditions are: sinusitis, sore throat, earache, infected insect bites, impetigo, shingles and uncomplicated urinary tract infections in women. NHS 111 and your GP can refer you to this scheme.



Your pharmacist is here to help!

You may be eligible for free treatment depending on your circumstances and your pharmacist's recommendation



List of common illness covered by this scheme

- Allergic rhinitis (Hay fever)
- Athlete's foot
- Cold sores
- Conjunctivitis
- Constipation
- Contact dermatitis
- Diarrhoea
- Dry/sore eyes
- Indigestion
- Ear wax
- Fever
- Haemorrhoids
- Headache
- Headlice
- Itching due to chicken pox
- Minor burns & scalds
- Mouth ulcers
- Nappy rash
- Scabies
- Soft tissue injury
- Muscle / Joint pain
- Threadworm
- Coughs & Colds
- Vaginal thrush
- Insect bites
- Stings
- Sore throat
- Teething

Who is eligible for this scheme?

- NHS low income scheme and in possession of HC2 certificate
- Income support or income related employment allowance
- Income based job seeker's allowance
- Tax credit exemption certificate
- Pension credit guarantee credit
- Universal credit and meets certain criteria
- Homeless & in possession of 'Letter of Homelessness'
- Young people aged 16,17 or 18 years and in full time education
- Patients aged under 16 years who have at least one parent who would be eligible as per list above

Want to know more? Scan me!



Important information: please note that the Lambeth Pharmacy First scheme is available until 31st March 2023.

Travel Notice

It is mandatory that patient schedule their travel vaccine appointment at least 8 weeks prior to their departure date. Any requests for travel consultation requested less than 8 weeks prior to the department will not be approved. This ensures that there is sufficient time for the vaccines to take effect and for any additional doses or boosters that maybe required. Non-NHS Vaccines – Some travel vaccines, such as yellow fever are not available on the NHS and are not provided by our practice. These vaccines must be obtained from the pharmacy such as Junction Pharmacy or a private travel clinic.

Walking Health Group

Lambeth Age UK and Herne hill Road Medical practice offer our patients a weekly walking group for various levels. Meeting point is at our practice every Monday at 4pm. We look forwards to welcoming you for more information on how to get involved please email dianawalks@ageuklambeth.org

NHS App

The NHS App gives you a simple and secure way to access a range of NHS services. With full access, you can order repeat prescriptions and nominate a pharmacy where you would like to collect them, view your GP health record to see information like your allergies and medicines. If your GP has given you access to your detailed medical record, you can also see information such as test results, book and manage COVID-19 vaccinations, register your organ donation decision, choose how the NHS uses your data, view your NHS number and use NHS 111 online to answer questions and get instant advice or medical help near you. We recommend turning notifications on to get prompt updates from us.

